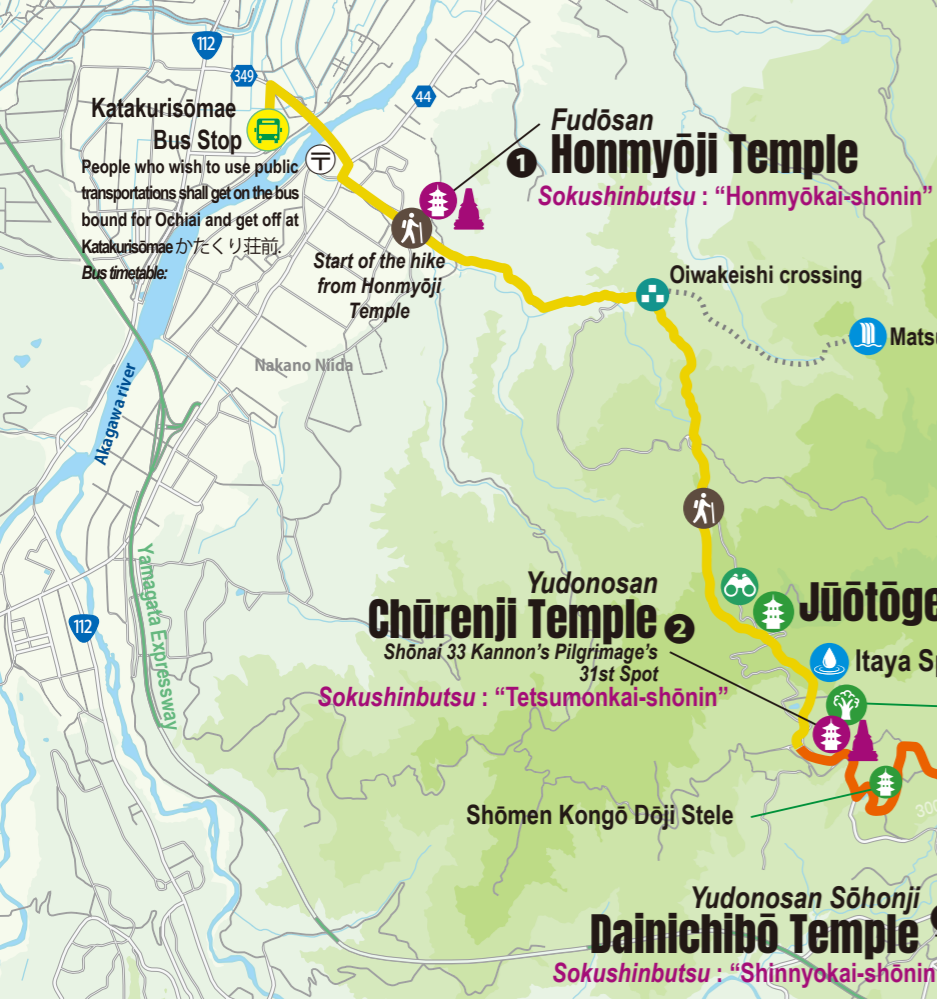


# Walk over the 1200 years old pilgrimage trail to Mt. Yudono **Rokujūrigoe-kaidō's Pilgrimage**



**Red foliage season: Late-October to Early November**  
(Yudonosan-jinja Shrine ends religious activities on November 1st.)



## THE SOKUSHINBUTSU TEMPLES ALONG THE TRAIL

- Honmyōji Temple**  
*Sokushinbutsu* : "Honmyōkai-shōnin"  
 Requires a reservation by phone prior to your visit. No English spoken. Phone number: (+81)235-53-2269. For language assistance, contact us at: [tsuruoka@degam.jp](mailto:tsuruoka@degam.jp) or (+81)235-26-1218
- Chūrenji Temple**  
*Sokushinbutsu* : "Tetsumonkai-shōnin"  
 Requires a reservation by phone prior to any visit until the coronavirus situation has been cleared (as of February 2022). Phone number (no English spoken): (+81)235-54-6536. For language assistance, contact us at: [tsuruoka@degam.jp](mailto:tsuruoka@degam.jp) or (+81)235-26-1218. Entry: 500 yen/person
- Dainichibō Temple**  
*Sokushinbutsu* : "Shinnyokai-shōnin"  
 Phone number (English sometimes spoken): (+81)235-54-6301. For language assistance, contact us at: [tsuruoka@degam.jp](mailto:tsuruoka@degam.jp) or (+81)235-26-1218. Entry: 500 yen/person. No reservation required.



- [Please read before hiking]**
- Ⓒ Clothes/Equipment**
    - Regular sneakers are not recommended. We advise you to put on hiking shoes.
    - Don't put on dark clothes (to avoid heatstrokes), and cover all the areas of your body (to avoid insect bites.)
  - Ⓒ Hiking season: Mid-May to Mid-November**
    - ※ There is snow remaining on the way until mid-June. We ask you to be accompanied with a local guide if you plan to hike during this season (contact us: [tsuruoka@degam.jp](mailto:tsuruoka@degam.jp))
  - Ⓒ Bear bell OBLIGATORY.** You will need to make noise continuously in order to repell bears (hence the bear bell).
  - Ⓒ You will need to write your name down in the memo pad** inside the little house-shaped box at the entrance of Arikoshizaka's ascent.
  - Ⓒ Bring all your garbage with you and throw them away** at your hotel/inn.
  - Ⓒ Please refrain from entering private properties and collecting plants** without permission.

**Map legend**

	Mountain top		Tree tunnel
	Historical remains		Hot springs
	Sokushinbutsu		Footbaths
	Sacred tree		Parking lot
	Waterfall		Bus stop
	Hiking trail		Shuttle bus
	Harsh slope		Camping site
	Drinkable water		Inn/guesthouse
	Scenic views		Restaurant
	Shrine		Souvenir shop
	Temple		Toilet